

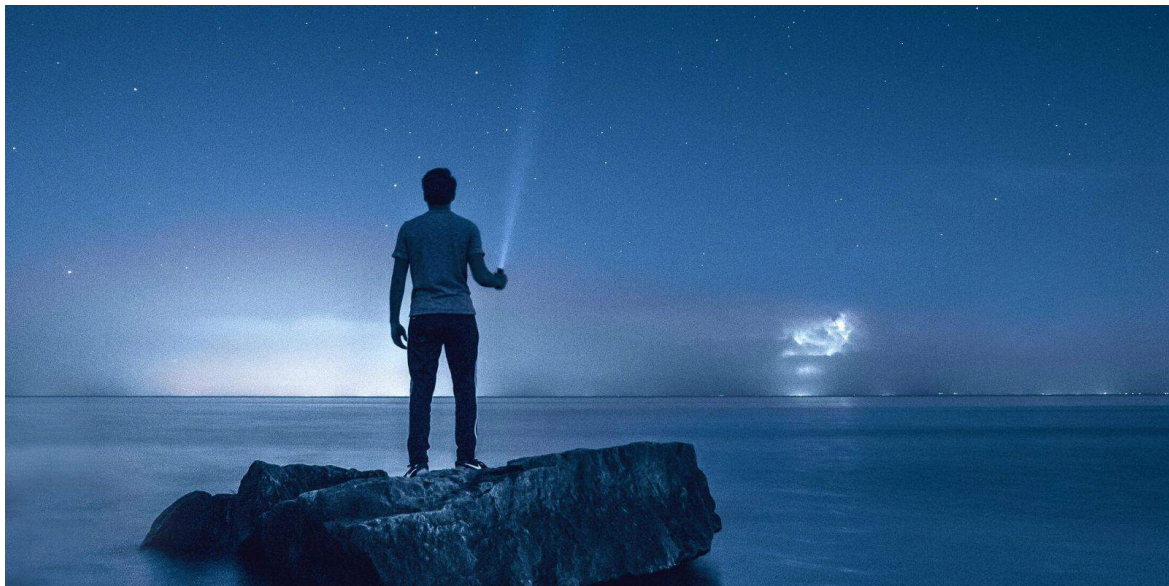


Darren Harper's Creative Writing Break

'Reflections on Memory and Time'

From Friday the 19th of February until the morning
of Tuesday the 23rd of February 2027

Memory often changes with time. Moments we once overlooked can later reveal unexpected significance, while familiar experiences may appear very different when viewed from a distance. This reflective writing break explores how memory and time shape the stories we tell about our lives. Drawing inspiration from literary works including Kazuo Ishiguro's *The Remains of the Day*, along with shorter texts, participants will reflect through discussion and guided writing exercises. The course offers a thoughtful and relaxed environment in which to develop your writing while exploring how time deepens our understanding of experience.



**The Green Park Hotel, Clunie Bridge Road, Pitlochry,
Perthshire, PH16 5JY**

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Creative Writing Break

Friday the 19th of February

So as to make the most of your day, please feel free to arrive at any time from mid-morning onwards. Complimentary tea, coffee, cakes, and biscuits will be available in our lounges every day from early each morning.

At 6.00pm.

The first organised activity will be a sherry reception in **room nine on the first floor of the main building**. This will give you the opportunity to meet your hosts from the Green Park and Darren Harper, as well as your fellow guests. Darren will go on to outline his plans for the following days.

From 6.30pm - 8.00pm.

A four course dinner will be served in the dining-room, followed by coffee and shortbread in the main lounges.

Saturday the 20th of February

8.00am - 9.45am.

A full Scottish breakfast will be served in the dining-room.

10.00am - 12.00 noon. *Taught session - Memory and the stories we tell - discussion of memory in reflective writing - writing exercises exploring remembered moments*

Each day a buffet lunch will be served in the dining room. This lunch will be available between 12.30 and 1.30pm.

Those not on the course are welcome to join you for lunch as well, and the cost of any lunches they take with you will just be added to their final account.

2.00pm - 4.00pm. *Discussion and writing time*

From 5.30pm.

A pre-dinner Sherry reception in the main lounge.

From 6.00pm - 8.00pm.

A four course dinner will be served in the dining room, followed by coffee and shortbread in the main lounge.

Creative Writing Break

Sunday the 21st of February

8.00am - 9.45am.

A full Scottish breakfast will be served in the dining-room.

10.00am - 12.00 noon. *Time, Perspective and hindsight - literary discussion and writing exercises exploring how time changes understanding*

A buffet lunch will be served in the dining room between 12.30 and 1.30pm.

2.00pm - 4.00pm. *Discussion and writing time*

From 5.30pm.

A pre-dinner Sherry reception in the main lounge.

From 6.00pm - 8.00pm.

A four course dinner will be served in the dining room, followed by coffee and shortbread in the main lounge.

Monday the 22nd of February

8.00am - 9.45am.

A full Scottish breakfast will be served in the dining-room.

10.00am - 12.00 noon. *Writing time and individual tutorials*

A buffet lunch will be served in the dining room between 12.30 and 1.30pm.

2.00pm - 4.00pm. *Writing time and individual tutorials*

6.00pm.

Darren will host an informal bucks-fizz reception **in the main lounges**. Everyone will have downed tools by now, and this is an excellent opportunity to unwind and enjoy the company of your compatriots.

A four course dinner will then be served in the dining room, followed by coffee and shortbread in the main lounge.

Creative Writing Break

Tuesday the 23rd of February

8.00am - 10.00am.

A full Scottish breakfast will be served in the dining room.

**The McMenemie Family and everyone at the Green Park
hope that you will have enjoyed your stay with us,
and that you have a safe journey home.**

The cost of the 2027 Four Night Creative Writing Break
is £644.00 per person.

This amount includes the entire package as described in this programme, and there is no supplementary charge for single accommodation.

If you wish to travel to Pitlochry by coach or rail, we will arrange for transport between Pitlochry Station and the Green Park, for both your day of arrival and your day of departure. This transport will be complimentary.

Guests wanting to stay before or after the break would be charged at our early season rate of £150.00 per person per night, for dinner bed and breakfast.



Darren Harper - a mini biography

Darren Harper is a contemplative teacher, writer, and founder of Prajna Path, an evolving framework that brings together reflective writing, contemplative philosophy, and meditative practice as ways of exploring life with greater clarity and insight. His work places particular emphasis on reflective writing and writing mentorship, encouraging participants to explore memory, experience, and personal narrative as pathways to deeper understanding.



Drawing on global philosophical traditions, Darren's work is particularly inspired by the contemplative streams of Indian philosophy, which explore questions of self-knowledge, awareness, and the nature of reality. Through reflective dialogue and writing, participants are invited to consider how these timeless insights might illuminate their own experience. Alongside his teaching in reflective writing and contemplative philosophy, Darren also teaches meditation as a complementary practice, supporting the cultivation of stillness, clarity, and attentive awareness.

Darren teaches courses and retreats at venues including Higham Hall, Dilston Physic Garden, and the Green Park Hotel. He also offers a range of online courses and resources through his website, prajnapath.org.

Darren Harper's 2027 Creative Writing Break

From Friday the 19th of February until the morning of Tuesday the 23rd of February 2027



NAME _____

ADDRESS _____

POSTCODE _____ TEL. NUMBER _____

TYPE OF ROOM / ROOMS REQUIRED

TWIN _____ DOUBLE _____ SINGLE _____

Please reserve the above accommodation in my name.

Signed _____ date _____

The cost of the 2027 Creative Writing Break is £644.00 per person.

This amount includes the entire package as described in this programme, and there is no supplementary charge for single accommodation.

If you wish to travel to Pitlochry by coach or rail, we will arrange for complimentary transport between Pitlochry Station and the Green Park, for both your day of arrival and your day of departure.

Guests wanting to stay any extra nights before or after the art break would be charged at our low season rate of £150.00 per person per night, for dinner bed and breakfast.

